



P.E Long Term Plan

Cycle 1

Austrey	Autumn Term		Spring Term		Summer Term	
	Dance	Games	Gymnastics	Games	Athletics	Games
Robin	The Weather/Story (The Toy Maker) Or Dance LCP (weather/seasons)	Developing motor skills Games LCP 1 (lessons 1-6) ,	Foundation/Year 1 (LCP 1)	Sending, receiving, travelling GAMES LCP 2 (lessons 1,2,4)	Year 1/2 (Suffolk) LCP 1 lessons (1, 3,5)	Sending, receiving, travelling
Owl	Story (James and the giant peach) /Emotions and feelings	Sending, receiving, travelling,	Year 2 / Year 3 For Year 4 see Kingfisher	Invasion Games S&F Games Net Games	Year 2/3 (Suffolk)	Invasion Games S&F Games Net Games
Kingfisher	Clowns, machines and Christmas frolics/traditional English dance/sporting themes.	Invasion Games S&F Games Net Games	Year 4/ Year 5/ Year 6	Invasion Games S&F Games Net Games	Year 4/5/6 (Suffolk)	Invasion Games S&F Games Net Games

Cycle 2

Austrey	Autumn Term		Spring Term		Summer Term	
	Dance	Games	Gymnastics	Games	Athletics	Games
Robin	Nursery rhymes & fairy tales/Story (Mr Gumpy's outing) LCP	Developing motor skills , Sending, receiving, travelling	Foundation/Year 1	Sending, receiving, travelling	Year 1/2 (Suffolk)	Sending, receiving, travelling
Owl	Funny bones/story (Charlie and the chocolate factory)	Sending, receiving, travelling, Invasion Games S&F Games Net Games	Year 2 / Year 3 For Year 4 see Kingfisher	Invasion Games S&F Games Net Games	Year 2/3/4 (Suffolk)	Invasion Games S&F Games Net Games

Kingfisher	Cartoon characters/ traditional English dance/paintings, photographs and postcards.	Invasion Games S&F Games Net Games	Year 4/ Year 5/ Year 6	Invasion Games S&F Games Net Games	Year 4/5/6 (Suffolk)	Invasion Games S&F Games Net Games
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Cycle 3

Austrey	Autumn Term		Spring Term		Summer Term	
	Dance	Games	Gymnastics	Games	Athletics	Games
Robin	Under the Sea/ Jungle fever.	Developing motor skills , Sending, receiving, travelling	Foundation/Year 1	Sending, receiving, travelling	Year 1/2 (Suffolk)	Sending, receiving, travelling
Owl	Around the world/ Mythological Worlds.	Sending, receiving, travelling, Invasion Games S&F Games Net Games	Year 2 / Year 3 For Year 4 see Kingfisher	Invasion Games S&F Games Net Games	Year 2/3 /4(Suffolk)	Invasion Games S&F Games Net Games
Kingfisher	Strike a Pose/ Times past: G.I Blues/ Grease is the Word.	Invasion Games S&F Games Net Games	Year 4/ Year 5/ Year 6	Invasion Games S&F Games Net Games	Year 4/5/6 (Suffolk)	Invasion Games S&F Games Net Games

- ❖ **Please note- To allow for flexibility (possible topic links) and meeting individual/class needs, the long term plan includes 2-3 options for each block of Dance, Games and Gymnastics to choose from for each term. The medium and short term plans for these blocks can be found in the scheme of work and also online at:**

<http://www.peprimary.co.uk/resource.asp> (using the schools login)

- ❖ Videos to exemplify the skills and practices can also be viewed on the above website and can be used as part of a PE starter, when getting changed or can be part of the teachers' preparation before starting the block.

Cycle 1

	Dance 1 Author: PE Primary Ltd.		Games 1 Top Start, Top Play & Top Sport [Author: Huw Davies]		Gym 1 Contains technical skills [Authors: Tansin & Barry Benn]
F	The Weather	F	Developing motor skills		Foundation
Y1	Story 'The Toy Maker' by Becca	Y1	Sending, receiving, travelling		Year 1
Y2	Story James and the Giant Peach' by Roald Dahl	Y2	Sending, receiving, travelling		Year 2
Y3	Emotions and Feelings	Y3	Invasion Games S&F Games Net Games		Year 3
Y4	Clowns; Machines & Christmas Frolics	Y4	Invasion Games S&F Games Net Games		Year 4
Y5	Traditional English Dance	Y5	Invasion Games S&F Games Net Games		Year 5
Y6	Sporting Themes	Y6	Invasion Games S&F Games Net Games		Year 6

<http://www.peprimary.co.uk/resource.asp>

Cycle 2

Dance 2 Author: Sue Chedzoy	Games 2 EYFS & QCA Core Tasks [Author: Huw Davies]	Gym 2 Contains no technical skills [Author: Huw Davies]
Nursery Rhymes & Fairy Tales	Developing motor skills	Foundation
Story 'Mr Gumpy's Outing' by John Burningham	Sending, receiving, travelling	Year 1
Story 'Funny Bones' by Janet and Allan Ahlberg	Sending, receiving, travelling	Year 2
Story 'Charlie and the Chocolate Factory' by Roald Dahl	Invasion Games S&F Games Net Games	Year 3
Cartoon Characters	Invasion Games S&F Games Net Games	Year 4
Traditional English Dance	Invasion Games S&F Games Net Games	Year 5
Paintings, photographs & postcards	Invasion Games S&F Games Net Games	Year 6

<http://www.peprimary.co.uk/resource.asp>

This plan was last reviewed and updated May 2014 by C Kirkby and C Mander (Physical Education Coordinators)

Cycle 3

Dance 3 Author: Merie Eglesfield-Hope	Games 3 PE Primary's own modified games [Author: Graham Haines]	Gym 3 Contains no technical skills Author: Huw Davies
Under the Sea	Developing motor skills	Foundation
Jungle Fever	Sending, receiving, travelling	Year 1
	Sending, receiving, travelling	Year 2
Around the World	Invasion Games S&F Games Net Games	Year 3
Mythological Worlds	Invasion Games S&F Games Net Games	Year 4
Strike a Pose	Invasion Games S&F Games Net Games	Year 5
Times Past : G.I Blues	Invasion Games S&F Games Net Games	Year 6
Grease is the Word		

<http://www.peprimary.co.uk/resource.asp>